



PHYSICIANS HOSPITAL SYSTEM

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Unity Medical and Surgical Hospital Offers Anterior Minimally Invasive Surgery

Procedure Shortens Patient Recovery Time And Lessens Pain

Mishawaka, IN – August 18, 2011 -- Physicians Hospital System (PHS), a network of physician-owned healthcare facilities providing a continuum of care to patients in northern Indiana and southern Michigan, announced today that Unity Medical and Surgical Hospital now offers minimally invasive hip replacement surgery.

The Medacta Anterior Minimally Invasive Surgery (AMIS) hip replacement procedure treats patients suffering from severe osteoarthritis of the hip. Often patients with this ailment delay hip replacement because of the lengthy recovery period that is typical following traditional hip surgery. This new minimally invasive hip replacement procedure makes surgery, recovery, and rehabilitation faster and easier for patients.

A true minimally invasive surgical technique, the Medacta AMIS is characterized by a small incision. Because the muscles are preserved, this ensures:

- shorter hospital stays
- small skin scar
- shorter rehabilitation - It is not uncommon for a patient to walk, with assistance, within 24 hours of the surgery
- decreased post-operative pain
- prevention of limping
- less blood loss
- reduced risk of dislocation
- faster return to daily activities

The implant used for this procedure, the AMISstem, is the first stem specifically designed for the AMIS approach. The unique shape of this implant allows for easy introduction into the femoral canal.

Drs. Anthony McPherron and Thomas Akre will perform the procedure at UMSH.

About Physicians Hospital System--

Physicians Hospital System (PHS) is a network of physician-owned facilities providing a continuum of care to patients in north central Indiana and southern Michigan. Made up of physician practices and clinics, PHS features Doctors Hospital and Neuromuscular Center in Bremen, Indiana; RiverCrest Specialty Hospital and Unity Medical and Surgical Hospital, both in Mishawaka, Indiana. PHS facilities provide general, orthopedic and spine surgery, neuromuscular treatment and long-term acute care. To learn more, visit our web site: <http://www.physicianshospitalsystem.com>.